




## List of Programs Conducted and the Number of Students Enrolled for

### Life Skills

S.No	Name of the capacity development and skills enhancement program	Number of students enrolled
1	Guest Lecture on Career opportunities Ahead	104
2	Seminar on Stress-Management	153
3	Awareness of Nutritious Food	271
4	Seminar on Enhancing Self-Confidence	100
5	Guest Lecture on Women Rights	143
6	Guest Lecture on the Positive and Negative Consequences of Social Media	202
7	Seminar on Physical Health vs Mental Health	180
8	Seminar on Organization Culture and Its Influence	402
9	Webinar on The Role of Positive Attitude to Get for Success	526
10	Training Program on Brand Yourself	60
11	Awareness on Breast Cancer	179
12	Seminar on Ways to Overcome Inferiority Complex	105
13	Health Talk: Impact of Covid-19 on Human Behaviour	110
14	Awareness Program: Personal Hygiene	160
15	Awareness Program: Consumer Rights & Human Rights	200
16	Motivational Talk: Life is Beautiful	450
17	Poster presentation and craft exhibition on Recycling the Waste	50
18	International Yoga Day	107
19	Blood Donation Camp	150
20	Seminar on Interview Strategies and Tactics	187
21	Seminar on Awareness of Cyber Crime	140
22	Training program on Decision-Making Skills	141
23	Guest Lecture on Save a Girl Child	134
24	Seminar on Pre-Employment Opportunities and Career Guidance	86
25	World Environmental Day : Plantation Program	84
26	Seminar: Effective Self-Management	70
27	Work shop: Employability Skills	108
28	Motivational Talk: Living a Healthy and Balanced Life –Beat Stress	164
29	Seminar : Manifest Your Dreams	125
30	Guest Lecture: Potential Ways to Golden Future	155
31	Seminar : YI Young India We can Win	125
32	Awareness Talk: Social Media and Social Responsibility	180
33	Health Talk: What a Women Should Know	180



  
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